

Human Performance Advisory Council Recap

The Human Performance Advisory Council (HPAC) held their annual meeting on September 15 and 16, 2020. Representatives from around the Marine Corps participated in the two-day event that primarily focused on the following topics:

Physical Fitness Test, Combat Fitness Test, Body Composition Program, Pregnancy, Postpartum, Resiliency, Force Fitness / Martial Arts / Water Survival Instruction, Nutrition, as well as Sports Medicine / Injury Prevention, Training Facilities and Equipment.

MARADMIN 273/20, released in July served as a solicitation to the total force seeking input for the HPAC. Marines ranging from Lance Corporal to Colonel as well as civilians, contractors and industry representatives submitted 182 suggested changes, modifications, improvements and recommendations. The staff of the Human Performance Branch reviewed all submissions and distilled them down to 127 entries presented to the HPAC attendees. Three topics were raised to move forward for a vote.

- Body Composition Program (BCP) Order edit to accommodate lactating mothers
- Make Force Fitness Instructor (FFI) MOS 0919 a Primary or Billet MOS
- Replace crunches with the plank in the Physical Fitness Test

HPB briefed an After Action Report to the Executive Deputy of Training and Education Command of the HPAC's findings to include the aforementioned three topics.

TECOM was receptive to the recommendations provided and requested additional work ahead of any potential changes to current policies and standards. HPB is addressing each of these initiatives and will bring its findings back to CG TECOM in the near future as directed.

A special thank you to all the individuals who submitted survey responses as well as those command representatives that actually attended the HPAC. Your contribution is greatly appreciated.

Best regards-Doug Marocco

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References:

MCO 6100.14 (Marine Corps Physical Fitness Program)

www.fitness.marines.mil

MARADMIN 374 / 20 (HPAC Survey Solicitation)

<https://www.marines.mil/News/Messages/Messages-Display/Article/2242588/solicitation-of-action-items-for-the-fiscal-year-2020-human-performance-advisor/>

MARADMIN 493 / 20 (HPAC Event Announcement)

<https://www.marines.mil/News/Messages/Messages-Display/Article/2325212/announcement-of-the-2020-human-performance-advisory-council-to-be-held-15-17-se/>